

PARENTING  
PROGRAM

PRESCHOOL

CHILD  
& FAMILY  
THERAPY

# ANNUAL REPORT

JUNE 2014 - MAY 2015



Forty Carrots  
Family Center



**CHANGE** is a constant in life. There is much to learn from the past and the present, but these lessons are only valuable if constructively applied to the future. **Forty Carrots'** 2015 fiscal year was marked by significant change, and our Board of Trustees and staff were secure in making choices for growth by relying on the knowledge and strength from our past and present. This is not growth for growth's sake, but for the sake of our clients and the positive changes **Forty Carrots** helps to facilitate in their lives.

A child's early years offer unprecedented opportunities to provide positive experiences that have lifelong impact. The research tells us there is no greater investment we can make in our children's future. Both our community outreach and capital expansions allow us to serve more children and families- 90% of them free of charge; giving them the skills, support, and information they need to help ensure that children are raised in safe and nurturing homes and exposed to meaningful early learning experiences.

We are deeply grateful for all the people who believe in the power of **Forty Carrots'** programs and who believe that supporting them is worth their investment. Thank you for your commitment to children and families in our community.

*With Gratitude,*  
Michelle Kapreilian  
Executive Director



**Board of Trustees**

**FRONT ROW L-R:** Jane Bennett, Caroline Ellerson, Dana Opsincs, Lesley France, Betsy Kane-Hartnett, Chris Jarmul

**BACK ROW L-R:** Michelle Kapreilian (ex-officio), Juan Villaveces, Anna Nekoranec (Treasurer), Richard Lawrence (Chair), Ariane Dart, Renee Farmer, Rob Stroud, Justin Powell (Secretary), Manav Malik, Jena Wilson

Not pictured: Ashley Kozel, Rick Gomez; Mindy Rollins Emeritus: Stanley Kane; Kim Githler; Jeff Steinwachs

Forty Carrots Family Center  
2014 - 2015



## ABOUT Forty Carrots Family Center

### MISSION

Forty Carrots Family Center is nonprofit organization dedicated to strengthening families through educational programs for parents, children, and professionals in the field.

### VISION

All parents will provide their children with experiences and environments that are emotionally and physically safe so that they can grow into capable, responsible, respectful young people.



## CORE Components

**PARENTING EDUCATION PROGRAM:** Providing information, skills and support to families from all walks of life, including some of our community's most at-risk.

**MENTAL HEALTH SERVICES:** Offering Child and Family Therapy for individuals and families, as well as therapeutic groups at our free community outreach partner locations.

**NATIONALLY ACCREDITED (NAEYC) PRESCHOOL:** Preparing children for a lifetime of learning through creative, dynamic, and engaging play practices



## FREE COMMUNITY Outreach

Free Parenting Education and Mental Health Classes

1223

3698

Clients Served

Community Partner Locations Within Sarasota + Manatee Counties

25

13

Community Partners



# FREE COMMUNITY OUTREACH

CYESIS Teen Parent Program at Riverview High School

Sarasota County Public Libraries

Salvation Army

First Step Mothers and Infants Program

CYESIS Teen Parent Program at North Port High School

Manatee County Public Libraries

SOLVE Maternity Homes

Safe Place and Rape Crisis Center (SPARCC)

Visible Men Academy (VMA)

Teenage Parent Program (TAPP) at Manatee Public School System

Parent University at Alta Vista Elementary School

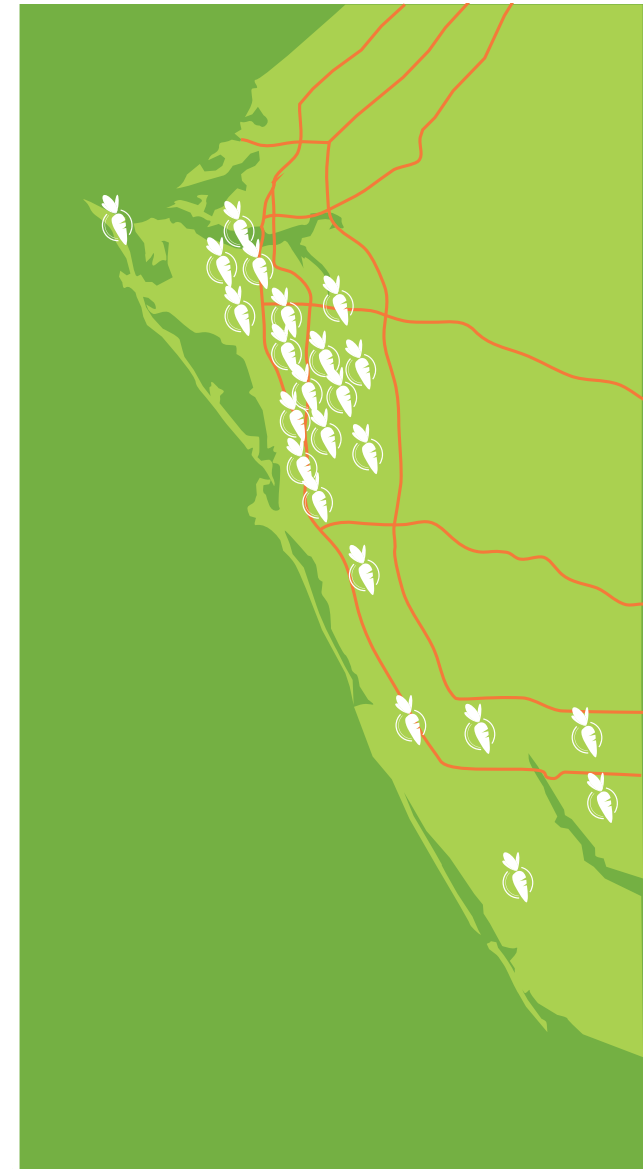
YMCA - Safe Children Coalition

Booker Middle School

Marie Selby Botanical Gardens

100% FREE SERVICES OFFERED

Sarasota + Manatee Counties





**HOME** for Growth  
A NEW HOME FOR LIFELONG BENEFITS

In 2014, after much thoughtful planning, Forty Carrots expanded its parenting program and mental health services by 45%. These services are provided for free at 25 community partner locations.

This year, thanks in part to the leadership of a generous lead donor, Forty Carrots purchased the building at 1426 S. Tuttle Ave., conveniently adjacent to its 22-year-old headquarters. This new space will allow for even more work to be done with therapy services - as well as adding the science center of their dreams to the current preschool building.

Utilizing the new building, which will include two therapy rooms, a client waiting room, along with administrative offices, Forty Carrots' team of licensed therapists will provide guidance through challenges that all families face. They are devoted to preventing behavioral and emotional problems and promoting healthy familial relationships.

**BRUNCKHORST  
FAMILY**



**NANCY DELONG  
& DAVID JEMISON**



**JANET & STANLEY KANE  
FOUNDATION**



**STEINWACHS FAMILY  
FOUNDATION**



"We proudly support Forty Carrots and the Home for Growth campaign. The new building will allow Forty Carrots to expand its reach and further its critical mission of strengthening families throughout our community. Additionally, we are confident that our contribution will be used wisely, as the organization is an excellent steward of its donors' funds."





- The Steinwachs Family Foundation



THE PRESCHOOL AT FORTY CARROTS CELEBRATES **NEW SCIENCE CENTER!**



The Preschool at Forty Carrots invites students into The Science Center, a new hub of hands-on experiences and real-world tools that interact with all of a child's senses. From birth, children instinctively explore. It's the essence of learning, the foundation of a STEM-smart mind.

-  Imagine a whole world of learning in a single room.
-  Tactile sensations: smooth, hard shells; soft, fuzzy cotton balls; rough, fibrous pinecones.
-  Interactive observations: measure, weigh, combine, propel, assemble or unassemble.
-  Communicating ideas: With the help of their science teacher, the children will start recording, documenting and reflecting on their findings.

Led by exceptionally qualified educators, the potential is endless: "I wonder what will happen if we add salt to the ice cube," "I wonder how many marbles fit in the jar", "What if ...?"

Best of all: It's fun. A playful relationship with science begets a lifetime of joyful curiosity and love of learning.







## TEEN PARENTS and Their Children BREAKING THE CYCLE

Young women who become mothers prior to their completion of high school are more likely than their peers to experience school failure, depression and anxiety. Sadly, their children are also more likely to experience school failure, adolescent childbearing, homelessness, juvenile delinquency, and incarceration. But the cycle can be broken. Though teen parent needs are complex and their challenges may seem insurmountable, Forty Carrots provides them with opportunities to change this trajectory.



"I am more confident after Forty Carrots classes. Now I stand up for my child's needs and how I parent."  
- Mother at CYESIS Teen Parent Program

Through a longstanding partnership with Sarasota County Schools, students at Riverview and North Port High Schools enrolled in the CYESIS Teen Parent Program receive prenatal and parenting education, as well as mental health services - at no charge - from Forty Carrots' Parenting Educators and Therapists.



"At first I was nervous, but now I know a lot more stuff, I am really good with my baby."  
- Mother at CYESIS Teen Parent Program

Therapists offer individual services, supporting the social and emotional wellness of both parent and child, promoting their relationship and building positive parenting patterns. They also offer a trauma group that meets the needs of mothers who have experienced sexual abuse and domestic violence, helping these mothers and their children understand that they deserve to grow up in safe, nurturing environments that are healthy and free from violence.



"Life gets to be really big for all of us when we have a child, but especially for these teenagers. Forty Carrots helps Riverview High School bring essential parenting and therapeutic services to them."  
- Lucile Mobley, LCSW, Social Worker at CYESIS Teen Parent Program

RESEARCH  
INDICATES  
**60-70%**

OF TEEN PARENTS  
WERE VICTIMS OF  
SEXUAL ABUSE  
AT SOME POINT IN  
THEIR LIVES

**263**

TEEN PARENTS AND  
CHILDREN SERVED

**226**

TEEN PARENTING  
EDUCATION CLASSES



## MOTHERS In Recovery From Addiction CHANGING THEIR PATH

For a pregnant woman battling her addiction so that her child can be born drug-free, the future can be very scary. In addition to all of the challenges that come with addiction recovery, these mothers have unique and complex concerns about how they will parent when their babies are born. Just the thought of carrying a baby in their arms can create panic for some mothers; others worry they might never be good mothers.

For more than a decade, Forty Carrots has reached this at-risk population through a partnership with First Step Mothers and Infants Program, bringing vital information and support to the mothers in their residential treatment facility. Twice a week, Forty Carrots' Parenting Educators and Therapists provide mothers with the tools, hope and support necessary to foster a bond with their child and create a healthy home environment. Forty Carrots' respectful, non-judgmental approach is essential to helping women on their path to motherhood.

"Everything I have learned from Forty Carrots, I needed it. Because before, I was lost."

Mother at First Step Mothers and Infants Program

"They treat me and the baby with respect. I love the support I get from these instructors."

Mother at First Step Mothers and Infants Program

Because research shows a significant link between parental substance abuse and child abuse, parenting support for mothers in recovery must be a priority. Working in partnership with First Step, Forty Carrots empowers these women to be the mother they want to be, fostering bonds and healthy habits that have a lifetime positive effect on mother and child.

"It is imperative that all parents, regardless of socioeconomic status, educational background, age or other factors, have access to information, education and support, in order to do the best possible job raising their children. Without Forty Carrots' parenting services, achieving these goals would not be possible considering the vulnerable population which we service in our community."

- Nancy Page, LMHC, CAP, BRI, First Step Mothers and Infants Program





## PARTNERS IN PLAY AT SARASOTA + MANATEE PUBLIC LIBRARIES

The **Parenting Program** embraces the notion that parenting is a complex and challenging career that can be made easier and more fulfilling through knowledge and training. No profession other than parenting assumes that skills should “come naturally” or better yet, should be learned on the job.

**Partners In Play (PIP)** is designed to provide parenting information and support within the context of parent-child play time. Mothers, fathers, and grandparents experience age appropriate creative activities, while having fun together in a magical, language-rich environment. Our specially trained Parenting Educators, Therapists and Early Literacy Specialist expose these caregivers to specific parenting techniques, and through recognition of their efforts and skills, caregivers gain increased knowledge of normal stages of child development, positive discipline strategies and ways to support children’s play and learning.

Positive interactions between the caregiver and the child are some of the immediate benefits. These interactions translate into increased parental self-esteem, confidence and enjoyment. Similarly, these interactions leave children feeling encouraged, supported and valued. PIP creates a learning live laboratory for parents, setting the stage for teachable moments while building parents’ strengths.

“I always know if I need any help I can come here to get what I need.”

Parent at  
Jacaranda Library

# 560

PIP CLASSES  
JUNE 2014-MAY 2015

# 1912

FAMILIES SERVED  
AT THE LIBRARIES

# 3446

CLIENTS SERVED  
AT THE LIBRARIES

# 10,128

TIMES A PARENT +  
CHILD ATTENDED  
A CLASS

# 82%

INCREASE IN CLASSES  
IN THE LIBRARIES



All parents have questions. All parents want to be confident in their ability to guide their child. All parents need connections and support. And all parents deserve a trusted source of information. But for so many parents of young children in our community, these basic things are nowhere to be found.

“I had no experience with kids before becoming a father, so it’s wonderful when the facilitators say ‘that’s normal’ or ‘try doing this.’ It always makes me feel better.”

– Father at Selby Library



Questions are answered. Bonds are fostered. New ideas are inspired. And when needed, referrals are made for early intervention and other resources in the community. Forty Carrots makes this happen.



“The Partners In Play program is an outstanding way to give parents and children the skills and knowledge necessary to be successful in learning and in life.”

– Megan Robinson, Youth Services Librarian at South Manatee Library









## THE PRESCHOOL AT FORTY CARROTS FAMILY CENTER

Research shows that the early years in a child's life—when the human brain is forming—represent a critically important window of opportunity to develop a child's full potential and shape key academic, social, and cognitive skills that determine a child's success in school and in life.

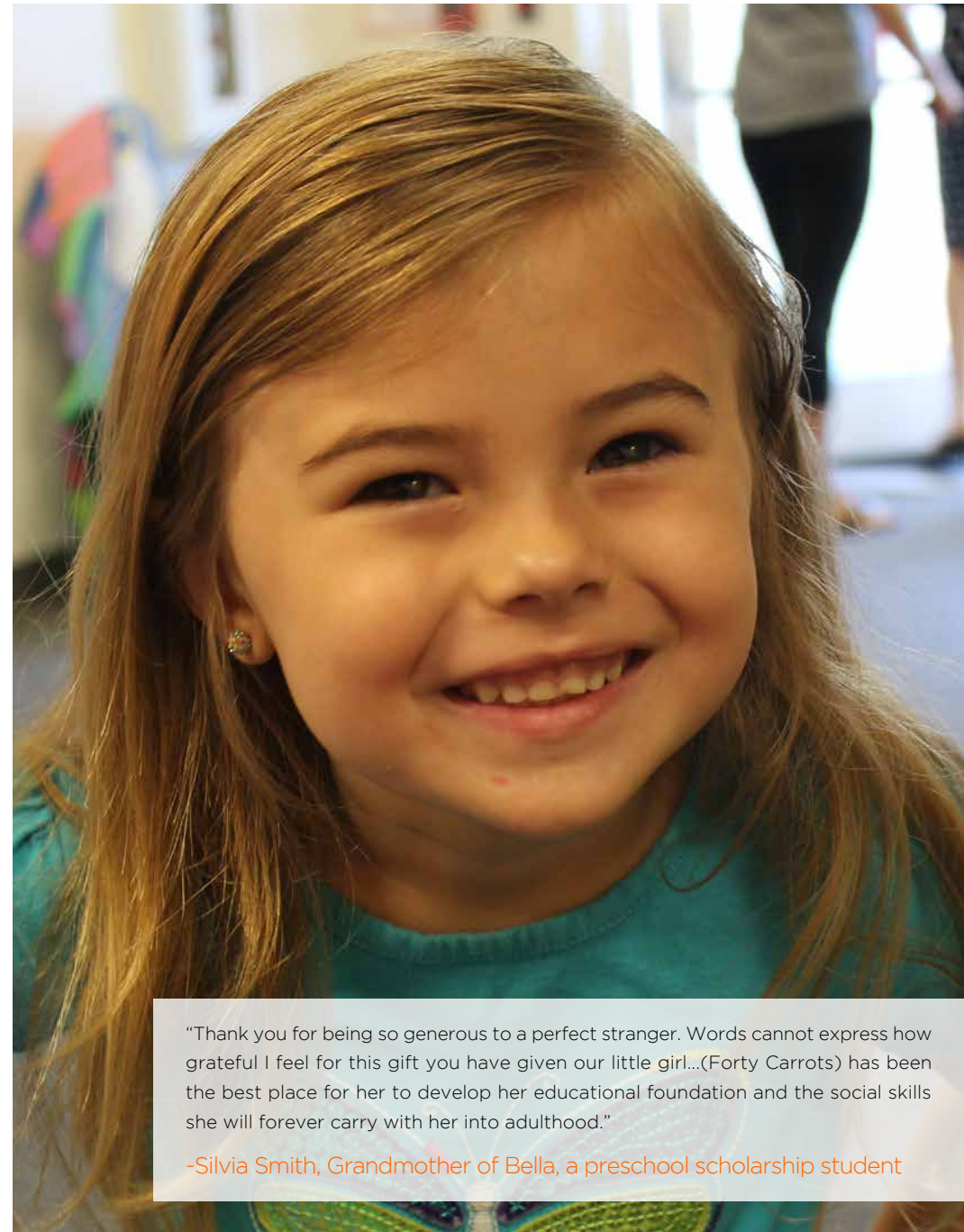
In a warm, creative, fun-filled environment, educators at The Preschool at Forty Carrots Family Center spark young children's curiosity, independence, and natural yearning for knowledge.

The Preschool is a leader in early-childhood education, providing highly-skilled, degreed teachers in each classroom and low teacher student ratios. Accreditation by The National Association for the Education of Young Children (NAEYC) signifies the highest quality early childhood experience.

At Forty Carrots, preschoolers feel good about themselves and the world in which they live. Children experience innovative, creative approaches to learning that stimulate higher-level analytical thinking and help them to develop:

-  Positive social interactions - sharing, communicating, cooperating, and caring
-  Self-esteem, self-sufficiency, and feelings of self-worth
-  Cognitive skills
-  Creativity in art, language, music, and thinking
-  Enhanced fine and gross motor skills
-  Respect for the world around us; and respect for others

Learning through hands on experience and play helps children develop the skills needed to successfully navigate their future.



"Thank you for being so generous to a perfect stranger. Words cannot express how grateful I feel for this gift you have given our little girl...(Forty Carrots) has been the best place for her to develop her educational foundation and the social skills she will forever carry with her into adulthood."

-Silvia Smith, Grandmother of Bella, a preschool scholarship student





**FINANCIAL STATEMENT**  
FOR THE FISCAL YEAR ENDING ON MAY 31, 2015

**Support + Revenues 2015**

Preschool Fees	\$553,546
Parenting Program Fees	\$36,084
Contributions	\$381,456
Grants	\$182,473
Special Events Revenue, net	\$631,424
Investment Income	\$36,468
<b>Total Support &amp; Revenue</b>	<b>\$1,821,451</b>

**Expenses 2015**

**PROGRAM SERVICES**

Preschool	\$697,643
Parenting Program	\$657,952

**SUPPORTING SERVICES**

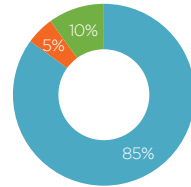
General + Administrative	\$87,136
Fundraising	\$185,062

**Total Expenses** \$1,627,793

**Change in net assets** \$193,658

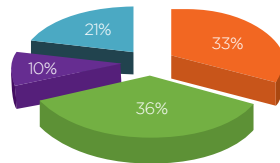
**Net Assets [beginning of year]** \$2,745,451

**Net Assets [end of year]** \$2,939,109



**FISCAL YEAR 2015 ORGANIZATIONAL EFFICIENCY**

- Program Services 85%
- Administrative 5%
- Fundraising 10%



**FISCAL YEAR 2015 REVENUE SOURCES**

Program Services Fees	\$589,630
Special Events Net	\$631,424
Grants	\$182,473
Contributions	\$381,456





# Our Jewels

\$10,000 AND ABOVE



Ashley D. Kozel



# ANNUAL GIVING

JUNE 1, 2014 - MAY 31, 2015

## FOUNDATION GRANTS

Community Foundation of Sarasota County  
Allen Wirtz Nobbe and Jo Bowen Nobbe Fund  
Community Foundation of Sarasota County  
George J. and Alice Pugh Fund  
Bernard & Mildred Doyle Charitable Trust  
Florida Winefest & Auction, Inc.  
Getzen Family Charities  
Heron Creek Community Foundation  
Kates Foundation, Inc.  
Kiwanis Club of Longboat Key Foundation  
Manatee Community Foundation  
Lakewood Ranch Community Fund  
Montei Foundation  
Jerome & Mildred Paddock Foundation  
Sarasota County Foundation  
Sarasota County Government  
Roberta Leventhal Sudakoff Foundation, Inc  
SunTrust Foundation  
Wilson-Wood Foundation

## DIAMOND \$10,000 +

Ali & Gloria Bahaj  
Bret Michaels Life Rocks Foundation  
Brunckhorst Family  
Dart Foundation  
Jean DeLynn  
Gulf Coast Community Foundation  
Ashley D. Kozel  
Michael's On East  
Keith & Linda Monda  
Steinwachs Family Foundation

## PLATINUM \$5,000 - \$9,999

Gerald & Sondra Biller  
Janet and Stanley Kane Foundation  
Cara Radovich

## GOLD \$2,500 - \$4,999

Beverly & Robert Bartner  
Aimee & Chris Cogan  
Michael & DeAnna Creaturo  
John & Priscilla Hellweg

## GOLD \$2,500 - \$4,999 (continued)

Scott & Annie Loretan  
Palmer Ranch Holdings, LTD  
Scott & Jill Ramsey  
Mindy & Wayne Rollins  
Andres & Karin Tugendhat

## SILVER \$1,000 - \$2,499

Vose & Cheryl Babcock  
Bill & Mary Ann Becker  
Broadrick Family Foundation  
in honor of Jon Albert  
Community Foundation of Sarasota County  
Michael & Lelia Gompertz Fund in memory of Michael Gompertz  
Caroline Ellerson  
Patricia & Peter Estes  
Rose Marie Fox  
Elizabeth Galvin  
in honor of Art Wood  
Rick & Sandra Gomez  
Justin Powell & Alejandra Grindal  
Michael Holderness  
Dai Morgan & Chris Jarmul  
John & Betsy Kane-Hartnett  
Trudo & Jacquelyn Letschert  
Primetime Limousines Inc.  
Roger & Sam Tichenor  
Michael & Barbara White  
in memory of Jordan Steele White  
Mike & Jena Wilson

## BRONZE \$500 - \$999

Mark & Jennifer Abbott  
Richard & Katherine Abernathy  
Charles Austgen  
in honor of Rose Kaufman, Beverly Austgen & Norm Olshansky  
Rebecca Cooper-Walker  
in memory of Mary Beth Walker  
John & Kitty Cranor  
Peter & Melissa de Lisser  
David Jemison & Nancy DeLong  
Brett & Renee Farmer  
Weldon Frost  
Marty Hix  
Kathleen Hyer  
Michelle & Eddie Kapreilian  
Karen & Brooke Misantone  
Lisa Napolitano  
Mollie Nelson  
Matt & Katrina Otchet  
Chris Plinckney & Johanna Gustaffson  
Sabal Trust Company  
Laurence & Jennifer Saslaw  
in honor of Betsy Kane-Hartnett  
Kristine Smith  
Kevin Steinwachs  
in honor of Abby, Caroline, Will & Clover Steinwachs  
Mark Steinwachs  
Candace Swenson  
John & Retta Wagner

## FRIENDS UP TO \$499

Ghadir Irshaid & Hani Abdel-Qader  
Jeannie Abrue  
Dianne Anderson  
Mike & Stephanie Appleby  
Jennifer Back  
Tim & Haven Beach  
Lou Ann Beall Tompkins  
Brandi Beckstein  
Samantha Beebe  
Beneva Flowers & Gifts  
Sue Benjamin  
Morgan & Elizabeth Bentley  
Janice Bini  
Sharon Black Floyd  
Jennifer Blackmon  
Rick & Mindy Blakeley  
Matt & Diana Buchanan  
Rosenda Calloway  
Jaime & Olga Carrion  
Stu & Amy Christensen  
Pamela Claiborne  
Norma Cohen  
in honor of Paul & Marilyn Carter  
Leslie Cornell Anders  
John & Yvonne Corrigan  
Robert & Jennifer Cushman  
Susan Dabney  
James & Jennifer Dawes  
Margaret Deitsch  
Dan & Laura DeLeo  
Designing Women Boutique  
Elyse Diamond  
in memory of Charles Frank  
Myrdalis Diaz-Ramirez  
Liz Donato  
Chelsea & Reese Dunbar  
Scott & Kelly Engel  
Tess Evanoff  
Joseph & Kristen Farrell  
Irene Flesher  
in honor of Erica Lieberman  
Bridgette Forgette  
Michael & Lesley France  
Fraternal Order of Eagles  
Michelle Frenchman  
Barbara Gardner  
Sandy Gaston  
Anne Gibaldi  
Joanna Ginder  
Renea Glendinning  
Shelly Glenn  
Marilyn Goldman  
Jessica Gonzalez  
Tom and Debbie Gould  
Idil Greenberg  
Caleb & Michele Grimes  
Valerie Grubbs  
Gulf Coast Community Foundation  
Andrew Halperin  
in honor of Jack Glenn  
Tracy Hansen

Julie Harris  
Mary Jane Hathaway  
Dr. Dean & Elizabeth Hautamaki  
Gary & Kathleen Heard  
Maria & Allen Heise  
Martha Hurley  
in memory of Ann Barker  
Steve Inglin  
Lea Jackson  
Jamie Jalwan  
Andrew & Rita Jensen  
Carol Ann & Greg Kalish  
Jennifer Kayali  
Laura Keidel  
Lisa Kirkland  
Heather Holst Knudsen  
Hesh & Judy Kulman  
Cynthia Lake  
Edgar & Carmen Lawrence  
Richard & Bianca Lawrence  
Valerie Leatherwood  
Melinda Lee  
Rodney & Terrie Linfood  
Jean Lolli  
in memory of Walter Deryk  
Brian & Angela Long  
Melissa Long  
Rob Loranger  
Bailey Lowther  
Maureen Maguire  
David & Elizabeth Mahler  
Manav & Anu Malik  
Geri Jo Manson  
Lori Ann Marinaccio  
David & Linnea McAlpin  
Patrick & Margaret McArdle  
Erin McGould  
Kim Miele  
Ali Miller  
Hugh & Karen Miller  
Dawn Moore  
Michael & Sara Moore  
Tim & Lynn Morris  
Hakim & Melissa Morsli  
Beverly Morton  
Willy & Patty Murgolo  
Steve & Beth Murray  
Margaret Musto  
Bengt Neibuhr & Anna Nekoranec  
Diane O'Driscoll & Gerry Spit  
John O'Neil  
Lorna & Damien O'Riordan  
Dana Opsincs  
Octavio & Jessica Ortiz  
Hilda Parajon  
Trusha Patel  
Jeanne Paulus  
Mark Perlman & Kate McPhillips  
Sharon Petrik  
Meredith & Eric Piazza  
Stephen Picazio  
Tom & Beverly Porter  
Terri Prechtl

Anita Rahn  
Denise Richardson  
Riley Interior Design  
Britt Riner  
Danielle & Nicholas Roberts  
Carla Rodman  
Christina Rodrigues  
Kelly Romanoff  
Jennifer & Robert Rominiecki  
Charles & Julie Rush  
John & Lisa Russo  
Teri Ryan  
Laura & Dan Sanborn  
in memory of Claire Estelle Sardone  
Tammie Sandoval  
Mark & Deborah Saran  
in honor of Art and Peggy Wood  
Peter & Allison Scanlan  
Allison & Ryan Scibelli  
Bill & Lucille Smith  
Dr. David & Lela Smith  
Deb Smith  
Victoria Snyder  
Robyn Spit  
Todd & Barbara Stainbrook  
Rob & Emily Stroud  
A.D. & Robin Stuart  
in honor of Peggy & Art Wood  
Sandi Stuart  
LeeAnn Swor  
Symbology Incorporated  
Magalie Szabo  
Lois Tackett  
in memory of Jordan Steel White  
Lois Tackett  
in memory of Ms. Dorothy Steele  
Ryan Taylor & Karen Varone  
Lisa Taylor  
The Z Foundation  
Gina Tordella  
Monica & David Vinderer  
Juan & Jennifer Villaveces  
Kathleen Walker  
in honor of Jen Abbott  
Tom Waters  
Edith Weinberger  
Cheryl West  
Sabine Weyergraf  
Nancy White  
Peter & LeslieBeth Wish  
Kimberly Wyar

NON-PROFIT ORG  
US POSTAGE  
PAID  
MANASOTA FL  
PERMIT #9

THE *firefly* GALA

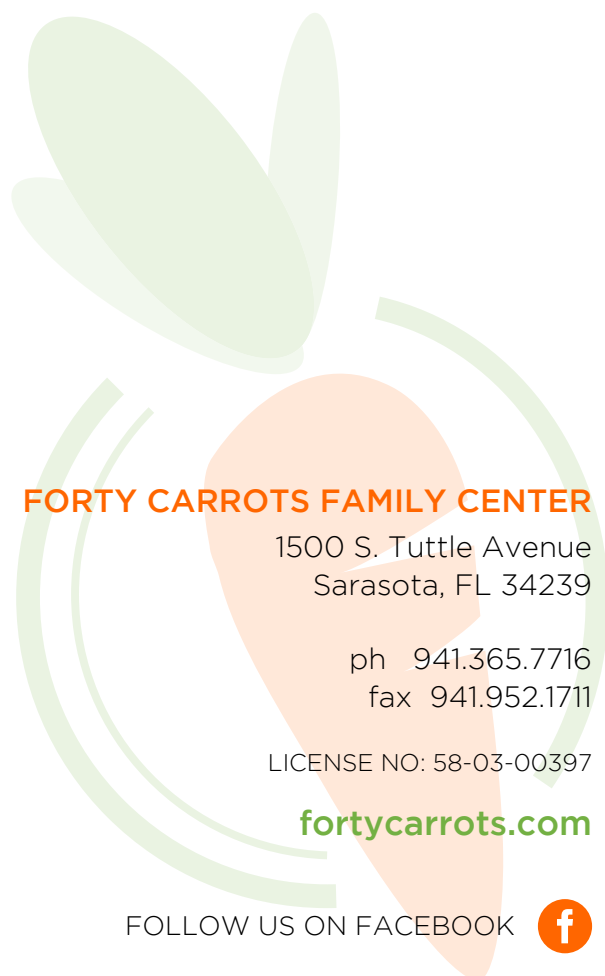
JOAN JETT & THE  
BLACKHEARTS

SATURDAY, APRIL 30, 2016

THE RITZ-CARLTON MEMBERS GOLF CLUB  
Cocktails • Dining • Private Concert



[fireflygala.org](http://fireflygala.org)



**FORTY CARROTS FAMILY CENTER**

1500 S. Tuttle Avenue  
Sarasota, FL 34239

ph 941.365.7716  
fax 941.952.1711

LICENSE NO: 58-03-00397

[fortycarrots.com](http://fortycarrots.com)

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