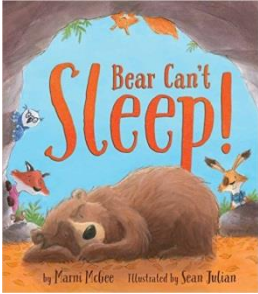




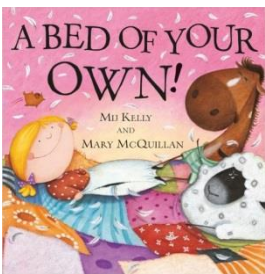
Book Recommendations: Sleep



Bear Can't Sleep

By Marni McGee

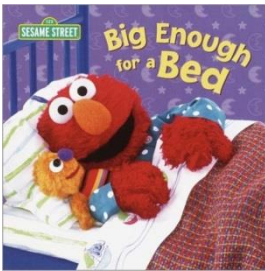
As the animals prepare for winter, Bear goes into his cave but cannot fall asleep until Patch comes up with a solution. – *Sarasota County Library*



A Bed of Your Own!

By Mij Kelly

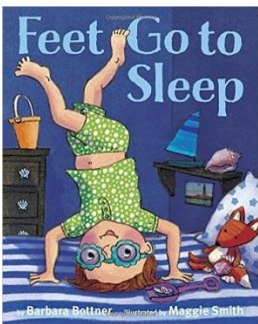
Suzy Sue can't fall asleep, because she simply can't get comfortable in her bed. She soon discovers why. A cow and a horse and a sheep and a goat are all crowding in and trying to share space with her. Children will laugh at this comical fantasy--and many kids will identify with the little girl who can't fall asleep at bedtime. - *Amazon*



Big Enough for a Bed

By Apple Jordan

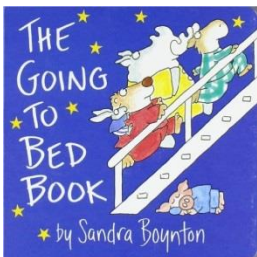
Elmo is just too big for his crib! He's finally ready to sleep in a big kid's bed! It may take a little while, but with his favorite snuggly blanket and his teddy bear, David, by his side, soon Elmo feels comfortable in his new bed. - *Amazon*



Feet, Go to Sleep

By Barbara Bottner

A child looks back on a day at the beach and drifts off to sleep, one body part at a time. – *Sarasota County Library*



The Going to Bed Book

By Sandra Boynton

This classic bedtime story is just right for winding down the day as a joyful, silly group of animals scrub scrub scrub in the tub, brush and brush and brush their teeth, and finally rock and rock and rock to sleep. - *Amazon*

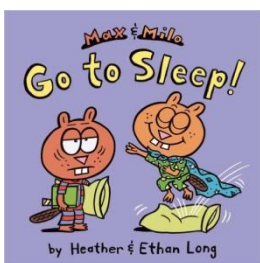
Book Recommendations: Sleep



I Sleep in My Own Bed

By Glenn Wright

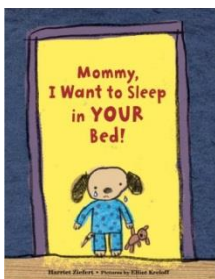
This book takes a child on a journey to all the places they wouldn't want to sleep and outlines the reasons why their own bed is the perfect place to sleep. - *Amazon*



Max and Milo Go to Sleep!

By Heather & Ethan Long

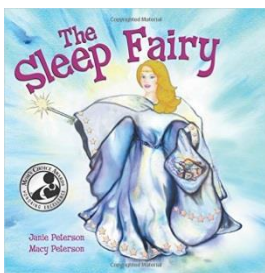
It is bedtime for two beaver brothers but Milo has a very hard time trying to fall asleep, despite some good advice from Max. – *Sarasota County Library*



Mommy, I Want to Sleep in Your Bed!

By Harriet Ziefert

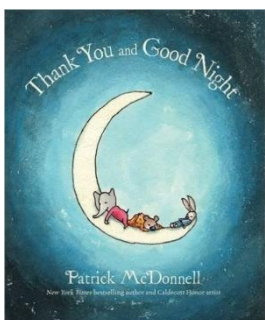
Although everyone in the house is asleep, Charlie wakes up and tells his mother he can't sleep in his own bed. – *Sarasota County Library*



The Sleep Fairy

By Janie Peterson

Helping children learn to stay in bed after they have been tucked in for the night is a challenge many parents face. With the help of *The Sleep Fairy*, families everywhere can have pleasant bedtimes. - *Amazon*



Thank You and Good Night

By Patrick McDonnell

During a fun pajama party, three animal friends dance and play, but at last everyone is getting sleepy. Is it time for bed yet? Not before taking the time to say *thank you* for the day, the night, and good friends. - *Amazon*